



DEADLINES:
 Guarantee for exhibit:
FEBRUARY 1, 2021
 Squares accepted for
 Congress until:
AUGUST 1, 2021



Any questions?
 Contact: Ann Morton - ann@violetprotest.com
 use "VP tutorial questions" in your subject line.
Or visit: www.violetprotest.com

NO-SEW SQUARE TUTORIAL WITH RE-PURPOSED JEANS

The details outlined in this tutorial sheet are only a starting example. Use these basic techniques to create something of your own imagination. Make sure all squares finish at 8" x 8" and are red and blue in fairly equal proportions. **IMPORTANT - please use the tag provided in your volunteer packet (received once you sign up online) to attach EACH & EVERY square you or your group makes.**

SUPPLIES: Used blue denim jeans; Heat n Bond Lite Fusible Web*; fabric scraps in shades of red and blue (*avoid pastels, white or other colors should be no more than 30% of the print area*), parchment paper;

TOOLS: Iron/ironing board; Scissors; Ruler; Marking pencil or pen (when measuring)

OPTIONAL: Embroidery floss in shades of reds, blues and even white; Embroidery needle - OR - machine stitching in red/blue/white

* You can purchase Heat n Bond Lite Fusible Web at Joann Fabrics - <https://www.joann.com/heat-n-bond-lite-fusible-web-17inw-x-35yds/1103894.html>

SUPPLIES



- 1.) Old jeans measured and cut to 8" x 8" squares. Feel free to include seams and pockets on these cut pieces
- 2.) Heat n Bond Lite Fusible fabric adhesive - comes with a waxed paper backing that you will peel off after ironing. Measure to cut to 8" x 8" squares. The rough side is the glue side, the smooth side is the wax paper backing side.
- 3.) Fabric scraps in shades of red and blue. Avoid pastel shades - any white or other colors should be no more than 30% of the fabric area. The idea is to use mainly red and blue print fabric.
- 4.) Parchment paper will be used when ironing the Heat n Bond onto the denim, and when ironing on the loose fabric pieces onto the denim.

IRONING THE ADHESIVE SQUARE ONTO THE DENIM SQUARE



5.) Align the 8" x 8" square of denim with the square of Heat n Bond adhesive sheet. Make sure that the **WRONG** side of the denim is facing the rough glue side of the Heat n Bond sheet. **6.)** Put parchment paper down on your ironing board to catch any overlap of adhesive, then iron on the Heat n Bond sheet to the denim square. Use the cotton setting with little to no steam. Make sure you keep rotating the iron as to not burn, and to cover the entire square to evenly transfer the glue layer onto the denim. **7.)** You can now peel off the wax paper backer and the glue should be adhered to the wrong side of the denim. Save the wax paper for later when ironing on red/blue fabric design.

ARRANGING THE RED/BLUE FABRIC DESIGN



8.) Using scraps of red and blue light-weight fabric prints, cut shapes as you wish and arrange (right side up), onto the glue side of the denim. **9.)** Be careful to cover 100% of the denim surface with fabric pieces so that the glue surface is fully covered. **NOTE:** Alternately, if you want to cut detailed shapes from the red/blue print fabric and layer on top of your design, you can iron on the Heat n Bond adhesive to the wrong side of the print fabric, then cut out your shape and arrange on top of the other shapes' design that covers the denim. Peel off the paper and put glue side down onto the surface of the base fabric design.

IRON FABRIC DESIGN INTO PLACE



10.) Cover ironing area with parchment paper. Carefully transfer your denim with the arranged design to the ironing area placing it on top of the parchment paper. Make sure all the fabric pieces are positioned exactly how you want, then carefully cover the entire design with the wax paper sheet you peeled off earlier when ironing the glue onto the denim, (or you can use another piece of parchment paper). **11.)** Keeping the iron gently in motion, iron over the wax paper to adhere the pieces of red/blue fabric to the denim. Iron thoroughly, making sure all the pieces have been adhered to the denim square. **12.)** Remove the wax paper sheet, check that all the pieces are adhered properly in place. **13.)** The red/blue fabric pieces should be completely adhered to the denim and bonded securely. **14.)** Your square can be complete as is, OR you can add embroidery stitches and/or beads to the design. PLEASE, NO DIRECT IMAGERY OR TEXT THAT SUPPORTS OR DETRACTS FROM ANY SPECIFIC SOCIAL ISSUE OR POLICY. OUR FOCUS IS ON THE PROJECT'S CORE VALUES. USING WORDS FROM THESE CORE VALUES IS WELCOMED. You can embroider by hand, or machine stitch over your design to embellish. Don't worry if the edges are rough, you don't need to hem them. The rough look of these squares is part on the style.

And then the most important part - attach the tag that you were provided in your packet when you signed up online - NOW YOU ARE FINISHED!